



We are incredibly excited to relaunch Impact Iowa's Heroes after pausing due to the pandemic. This time has been valuable, and we have spent it reflecting, evaluating, and planning. And now, it's time to get going!

New board members!

IIH recognized the need to expand our board of directors to help push us into the next phase of the organization. We are honored to introduce you to the current board of directors for Impact Iowa's Heroes. Our new board members are denoted by an asterisk.

- Dr. Gary Rosberg (2017) - Founder / Clive, IA
- Jennifer Colby (2017) - Dispatcher Westcom / Clear Lake, IA
- Steve Durick (2017) - Attorney / West Des Moines, IA
- Chris Risewick (2017) - CEO of Seneca / Des Moines, IA
- *Larry and Jennifer Davey (2021) - Des Moines Police Department / Des Moines, IA
- *Jason and Kristi Edwards (2021) - Iowa Army National Guard / Des Moines, IA
- *Rich and Katie Higgins (2021) - Ames Fire Department / Ames, IA
- *Dan and Charlene Wade (2021) - West Des Moines Police Department / West Des Moines, IA

Leadership Event

On August 12, 2021, the Impact Iowa's Heroes leadership team met at the Valley Community Center in West Des Moines. Board members, donors, and leadership team volunteers (old and new) gathered in one place to be introduced to Aaron and Tricia Groves, our new Program Directors. The results of the impact study and vision of Impact Iowa's Heroes moving forward was also shared.



New Recruits

Part of the vision moving forward for Impact Iowa's Heroes, is to get in front of the new recruits who are starting their careers as a first responder or military service member. We believe that getting to these men and women at the beginning of their careers can help them navigate the challenges of marriage and their new careers in a healthy and effective manner. To date, Dr. Gary, Barb, Aaron, and Tricia have visited with new recruits at the Des Moines Police Academy, the Iowa Law Enforcement Academy, the Cedar Rapids Regional Police Academy, and this winter will be in front of the Department of Public Safety Academy.



After talking with training officers for fire/EMS and military recruits around the state of Iowa, Impact Iowa's Heroes has made the decision to do a series of videos with first responder and military couples to talk about the challenges of marriage in their respective fields. It is our hope that these videos will be made available to agencies around the state of Iowa to be used in their training regimen.



Date Night 9/16/21

What an exciting and intimate night we had with 14 hero couples from across Iowa. The Stine Barn in West Des Moines provided the perfect atmosphere for Dr. Gary, Barb, Aaron, and Tricia to provide some relevant coaching to couples. Impact Iowa's Heroes provided food from Biaggi's for everyone to enjoy! The coaching on this night was recorded, which will kickstart a future online library of marriage resources for hero couples across Iowa.



Future Date Nights!

Part of the vision of Impact Iowa's Heroes moving forward is the introduction of "Date Night In A Box". It is our intentions to create an easy method for couples to host a date night in their area utilizing a box of coaching materials we will provide them, along with a few goodies to give away. This box, coupled with marriage coaching videos that were recorded on 9/16/21, will provide an easy way for hero couples across Iowa to host an event. Events can be as small as a gathering in someone's home or as big as needed to house all participants. We truly believe that the fellowship and connections between hero couples at these events will be fruitful and provide a resource for couples year-round.



We are so happy that all of you are part of Impact Iowa's Heroes!

We look forward to connecting with more of you in the future.

