

TAG Team PODCAST.

Podcast Title: Intimacy in Marriage	Date:
Key Takeaway: Communicating our needs and desires is essential in marriage and making the effort to meet your spouse's needs is critical.	
Discuss with your spouse what intimacy means to you. 	Where are you finding intimacy?
How do you feel like your love needs are being met? Explain to your spouse how they can better meet your needs. 	
Evaluate the necessary changes and boundaries in your life so that you can desire that intimacy with your spouse. 	